

YOU ARE WARMLY INVITED TO PARTICIPATE IN THE
WORK OF OUR HANDS SAHAVAS 2010

A WEEKEND OF HANDS ON 'ACTIVE MEDITATION'

AT AVATAR'S ABODE _ KEIL MOUNTAIN

9am ~ 9pm _ 6th and 7th of March 2010

A HANDFUL OF ACTIVITIES DESIGNED TO CREATE SOMETHING...

BEAUTIFUL

PRACTICAL

AND *MEANINGFUL*

FOR AVATAR'S ABODE AND THE COMMUNITY

PLEASE BRING:

YOUR HANDS YOUR HEARTS AND YOUR CREATIVITY;

SOMETHING YUMMY TO SHARE FOR LUNCH AND/OR AFTERNOON TEA;

A CONTRIBUTION TOWARD THE COST OF MATERIALS

~ (SUGGESTION: \$20 PER EMPLOYED ADULT PER DAY)

ALL AGES AND STAGES ARE WELCOME, ESPECIALLY CHILDREN

~ KIDS MUST BE ACCOMPANIED BY A PARENT OR SUPERVISOR

HELPERS ALSO WELCOME ON THE 5TH AND 8TH FOR SETUP/CLEANUP

RSVP: dastan@dastanarts.com OR CALL KENDRA ON 07 5442 1656 OR 0439 773 813

WORK OF OUR HANDS:

TILE MAKING

Roll out clay, carve and glaze tiles to be used in Shed retaining wall built over the weekend.

LAMP SCULPTING IN METAL

Assist in making intricate iron lamp posts to light the way...to the toilet, and other significant destinations.

POETRY ILLUMINATION

Take your favourite piece of poetry and make it look as beautiful as it sounds, drawing inspiration from a range of illumination traditions.

SEWING AND YARNING

Make silk roses for a garland for Baba's chair, sew and embroidering curtains for Baba House or sew new cushion covers for Baba's Bed while sharing poetry and stories unveiling the deeper meaning of sewing by hand.

MOSAICING

Mosaic pavers to be used in Shed retaining wall built over the weekend.

RETAINING WALL/SEATING

Construct a retaining wall/tiered seating around the front of 'the Shed', using stone, pavers, hand made tiles and mosaics.

KITE MAKING AND FLYING

Make and fly your own kite.

MUSIC WORKSHOP

Make music with your hearts, your hands and your voices. Please bring instruments if you have them. Workshop participants will have the opportunity to present their masterpieces as part of the programme on Sunday night.

MATTOCK WORKSHOP

Mattock as instrument of Divine Power for the digging up of Treasure. Featuring John Isaacs- Young, Ode to Dirt, Angela Iimura and the Mattock dancers.

COOKING

Cook up a storm for afternoon tea

OTHER ACTIVITIES:

SATURDAY NIGHT MOVIES

SHARED LUNCHES AND AFTERNOON TEAS

SUNDAY NIGHT CONCERT

SIMPLE EVENING MEALS PROVIDED

INSPIRATION:

Mountains are corruptible. But the work of our hands time and wind and rain cannot destroy. For our hands are the purpose of our blood, and our blood is the river of our soul – which sings the river, the purpose.

Death's scissors may cut the bands of love a million times; but we can enjoy new voyages on another flood: and all rivers wander to the same Ocean-goal.

Man's life is more numerous than all the sands of all the world's beaches; and reaches back beyond Space (God's sackful of suns) to the primal tone of the Creation Song.

Though faith is brittle as burnt bones, and our vision reduced to the size of our face – the Word of your Silence will restore to us the work of our hands.

Francis Brabazon, *'The Beloved is All in All'*.